

How common are co-occurring conditions?

National Rates of Co-Occurring Mental Health and Substance Use Disorders

- Mental health and substance use conditions often co-occur
- Over 8.9 million individuals have a diagnosed mental illness and substance use disorder.
- Only 7.4 percent of individuals receive treatment for both conditions with 55.8 percent receiving no treatment at all
- Adults with serious mental illness – 11 million
- Adults with serious mental illness and substance use dependence – 2.8 million (25.7% of all adults with serious mental illness)
- Adults with any mental illness and substance use dependence – 9.8 million (19.7% percent of all adults with any mental illness)
- Among the 2.8 million adults with co-occurring SMI and substance use disorder, 62% received substance use or mental health treatment and 38% did not receive any treatment
- Adults with substance use disorder – 20.8 million
- Among adults with substance use disorder, 42.8% (8.9 million) had co-occurring mental illness
- Among the 8.9 million adults with any mental illness and a substance use disorder, 44% received substance use treatment or mental health treatment in the past year, 13.5% received both mental health treatment and substance use treatment, and 37.6% did not receive any treatment.

Source: 2009 National Survey on Drug Use and Health (NSDUH) and www.SAMHSA.gov/co-occurring/topics

National rates of co-morbidity of physical health problems and co-occurring disorders

- 68% of adults with a mental health disorder also had one or more medical conditions
- 58% of adult population has one or more medical conditions; 29% of adults with medical conditions have a comorbid mental health disorder
- Medical conditions may lead to mental health disorders, or mental health disorders may lead to medical conditions

Source: 2001-2003 National Comorbidity Survey Replication

National rates regarding individuals with disabilities on Medicaid

- 45% were found to be diagnosed with three or more chronic conditions
- Costs for this group with three or more chronic conditions represented 75% of total spending for all people with disabilities
- More than half of disabled Medicaid enrollees with psychiatric conditions also had claims for diabetes, cardiovascular disease or pulmonary disease
- Of the most expensive group of Medicaid beneficiaries, 24% had psychiatric conditions, cardiovascular disease and central nervous disorders

Source: Faces of Medicaid III: Refining the Portrait of people with Multiple Chronic Conditions