

Support Planning Professionals Learning Community (SPP LC)

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Overview of Person Centered Practices

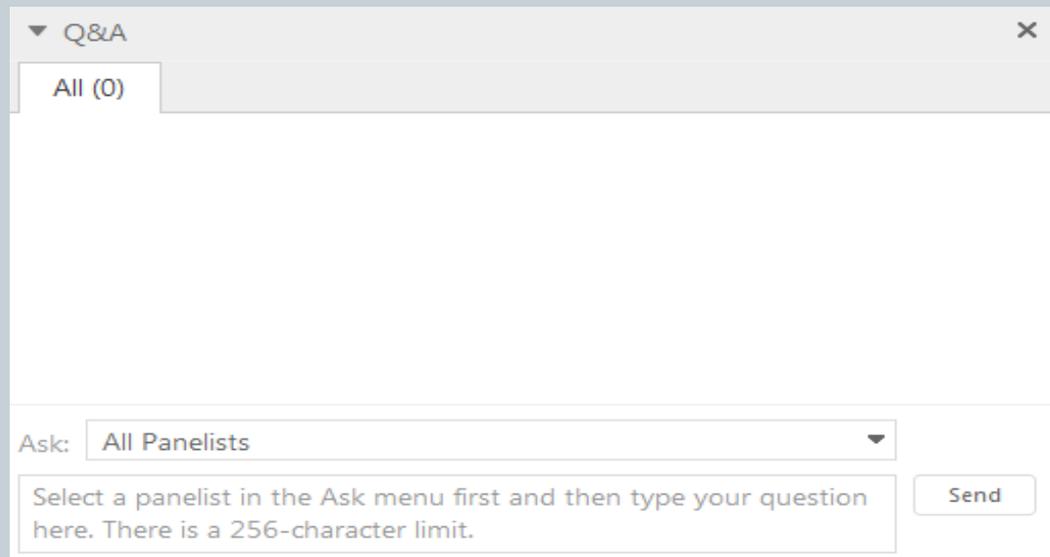
DECEMBER 16, 2015

MINNESOTA DEPARTMENT OF HUMAN SERVICES

Welcome

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To ask a question during the presentation use the Q&A Panel in WebEx



The screenshot shows a window titled "Q&A" with a close button (X) in the top right corner. Below the title bar is a tab labeled "All (0)". The main area of the window is empty. At the bottom, there is a section labeled "Ask:" with a dropdown menu currently set to "All Panelists". Below the dropdown is a text input field with the placeholder text: "Select a panelist in the Ask menu first and then type your question here. There is a 256-character limit." To the right of the text input field is a "Send" button.

Select “All Panelists”, type your question, and click Send.

Agenda

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- Diane Marshall: Review the objectives of the learning community
- Lori Miller: Updates
- Heidi Hamilton: Bulletin Update– 5 – 7 minutes
- Lori Lippert: Person Center Practices – 5 -10 Minutes
- Stacy Danov: Overview of Person Centered Practices – 45 minutes

Introduction

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Objectives of the Learning Community:

- Support Planning Professionals (SPP) are prepared to apply Person Centered practices
- SPP are prepared to apply Transition Protocols to their work

Introduction

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Objectives of the Learning Community:

- Identify where there may be service or access issues that are getting in the way of “living” Person Centered Principles and Practices
- Provide an ongoing forum for support planning issues; initial focus is on person-centered planning

Updates

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- Transition Protocols
- Implementation with ICF/DD & under age 65 in NF>90 days
- Tools
 - Accessibility
 - Available online
 - Action Plan

Updates

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- Transition Protocols
 - Over 65
 - ✦ Intent and Practice
 - ✦ Not included in Agency Action Plan
 - ✦ Tools are not required
 - ✦ Will not be audited for Transitions

Bulletins

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Heidi Hamilton, MN DHS Community Supports Disability Services
Legislative Leads

A series of bulletins will be issued on the topic of person-centered
and person-centered planning

Bulletins

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First bulletin

- Recognizing the person-centered planning people have been doing
- Stressing that being person-centered is broader than person-centered planning and includes every interaction you have with the person

Bulletins

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Future bulletins will provide:

- Required elements of person-centered practices
- Specifics of how we expect lead agencies to meet the requirements

Bulletins

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DHS is developing other resources for:

- People receiving services
- Families
- Providers
- Advocates
- Lead Agencies

Taking 'person-centered' to the next level

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- Building on a strong foundation
- Putting guidance behind our person-centered intentions

How does a person-centered system differ from what we already have?

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- Current system is well-developed to ensure health and safety (*what is important “for” the person*)
- Person-centered practices shift the focus to quality of life (what is important “to” the person), while still addressing health and safety

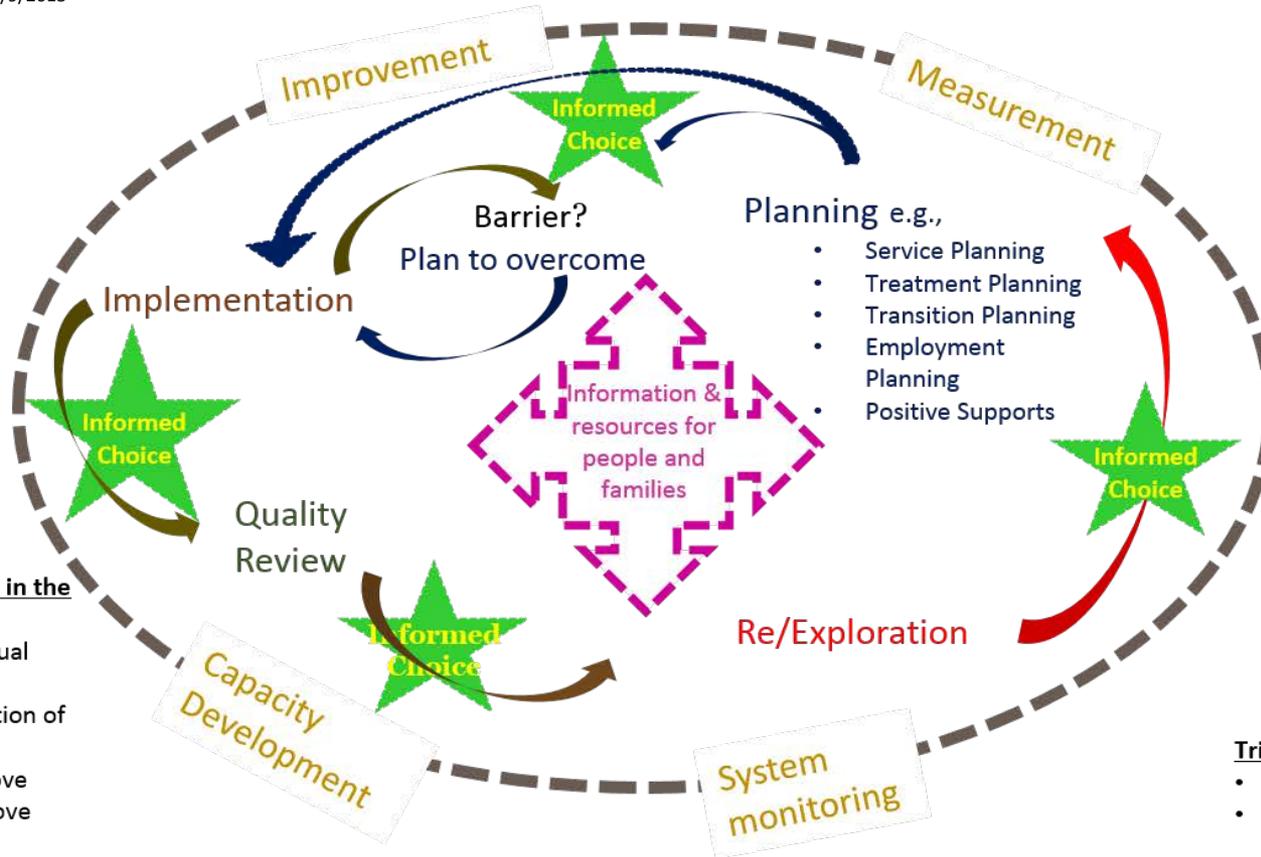
For example,

- What does the person value?
- What goals and dreams does the person have?
- What are the things that contribute to having a quality life?

Person-Centered Practice Cycle

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Draft for discussion purposes 12/9/2015



Triggers are laid out in the protocol:

- Routine (e.g., annual reviews)
- Per follow-up portion of the plan
- Day/week of a move
- 45 days after a move

Triggers:

- New to services
- Routine (e.g., annual reviews)
- Change in needs
- "Special initiatives"

Issues in Creating a Person-Centered System

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Need to change at the organizational level, as well as at the person level

- Values
- Expectations
- Measurement
- Time and resource allocation
- Skill building

Overview of Person Centered Practices

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COMMUNITY OF LEARNING
DECEMBER 16, 2015

Questions: Use Q&A Panel and send to "All Panelists"

Objectives

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1. Become familiar with the general principles and values of person-centered practices
2. 5 Valued experiences
3. Learn about future training opportunities

What is “person centered”?

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- What does it mean to you?
- What comes to your mind when you hear the words “person centered?”
- What do you expect to see?
Or *not* see?



Seven Person-Centered Myths

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1. “We’re already doing it”
2. Person-centered planning means asking the person, “What do you want?”
3. Person-Centeredness means a person getting everything they want
4. A good plan means a good life

Seven Person-Centered Myths

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5. Person-Centeredness applies to only one type of disability
6. Person-Centeredness only applies to those working with people who receive services
7. Person-centered planning is a planning process that can be done separate from more significant organizational change

Person Centered Professional Practices Defined

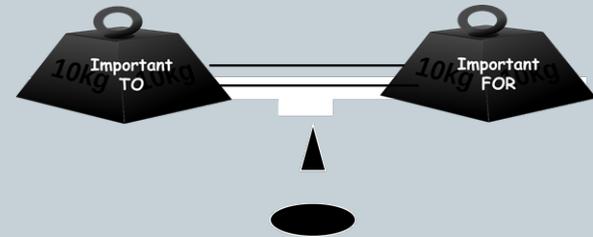
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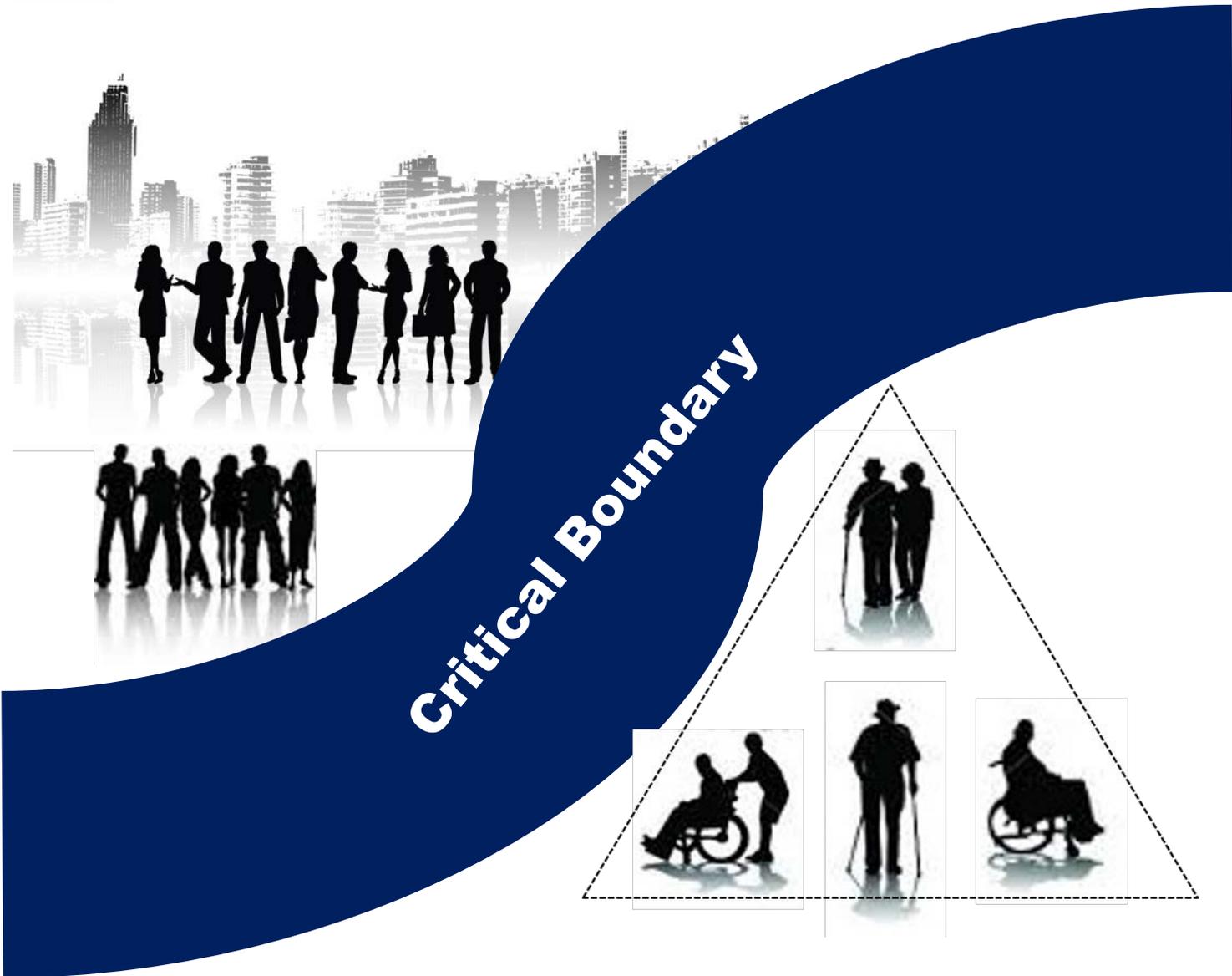
“Person-Centered Professional Practices: Professional efforts that *share power* with individuals and recognize each person as a whole individual with unique strengths, assets, interests, expectations, cultures, and goals. Person-centered practices are structured in ways to support individuals’ comfort, responsibility, and their ability to express choice, control, and direction in all aspects of services and supports.” (Dept. Human Services Lead Agency Review)

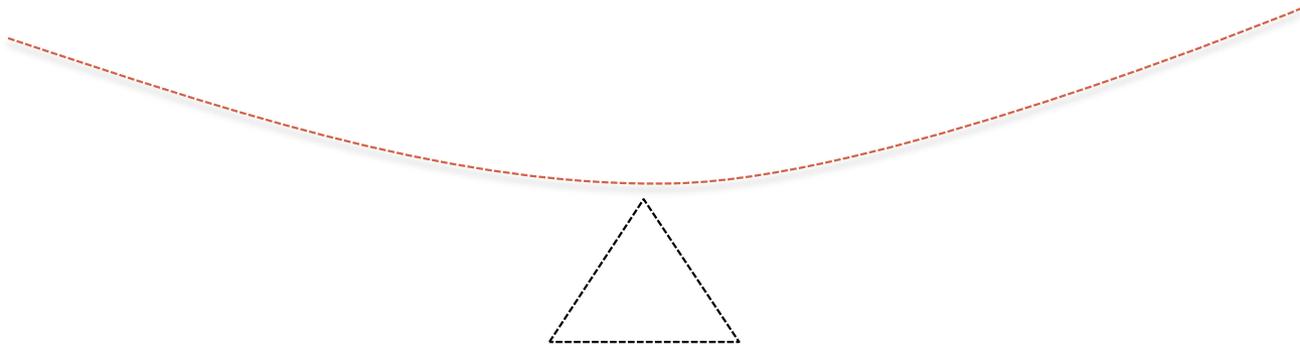
Additionally....

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- Identifying what's important to a person (goals, preferences, expectations, relationships, etc.); how they would like to address what is important for them (health, safety and resources issues –such as housing or sobriety, that they cannot manage without assistance), and how they can best be supported in achieving their goals by others.







It's NOT the setting

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A community LIFE and a HOME

is more than a “community residence”

We want a system where -

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The people who use the service (with the support of their families)

- Tell us how they want to live
- Make use of public resources to have the life they want (or as close as we can determine)
- Get the support they need to make the first two happen

We want a system where -

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The people who provide the service

- Are empowered to make a difference
- Use public resources wisely
- Get the support they need to make the first two happen!

We want a system where -

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- Everyone feels heard
- Change is possible for people and for the systems that serve them

Framework for Accomplishment

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- John and Connie O'Brien, 1989
 - 5 valued experiences (5 common elements)
 - The purpose of human services

5 Valued Experiences/common elements

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1. Growing in relationships
2. Contributing
3. Making choices
4. Being treated with dignity and respect and having a valued social role
5. Sharing ordinary places and activities

1. Growing in Relationships

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- Be known by neighbors
- Connecting with others who share an interest
- Make friends
- Share intimacy
- Join a variety of community associations
- Enjoy the responsibilities and benefits of membership

2. Contributing

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- Everyone has gifts, interests, and capacities to contribute
- People can contribute to other's learning, enjoyment, as well as being companions
- May need to spend time exploring

3. Making choices

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- Having positive control over his/her life
- Setting goals that are meaningful
- Being able to express preferences
- Having the support to make decisions

4. Being treated with dignity and respect and having a valued social role

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- All people should experience the dignity and status associated with positively regarded activities
- Good neighbor, good classmate, good workers, friend, citizen
- Support and assist people in finding their valued role

5. Sharing ordinary places and activities

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- Share the ordinary places and activities of ordinary community
- May need support to identify useful or enjoyable community settings
- May need support to get to and from a variety of ordinary places safely, and to participate effectively

The Purposes of Human Services*

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1. To help people discover and move toward a desirable personal future
2. To offer help in ways that keep or give valued experiences now
3. To strengthen community competence

* Framework for Accomplishment
John O'Brien and Connie O'Brien

What can we do now....

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- Spend time *really listening* to people
- Listening vs Hearing



Other Training Opportunities

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Upcoming community of learning

PCT is a 2-day, interactive training

- Learning the skills and practice using them in scenarios and on yourself
- *Register into a **One Day Intro** or the **2-day PCT** at:*

rtc.umn.edu/pctp/training/

Where to Find Help Now?

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- Bulletins: http://www.dhs.state.mn.us/main/id_000305
- E-List Announcements:
http://www.dhs.state.mn.us/main/id_000677#
- CBSM Main Page:
http://www.dhs.state.mn.us/main/id_000402

Survey

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Please take a moment to let us know your thoughts.

- Take our Survey:

<http://surveys.dhs.state.mn.us/snapwebhost/s.asp?k=145011614189>

- Available until Wednesday, December 23

Meeting Wrap

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Audio from today's session will be available beginning tomorrow morning by dialing:

855-859-2056

Conference ID:

99645680

If you have questions following the session, email to Diane.Marshall@state.mn.us

Meeting Wrap

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Thank you for attending!