

Support Planning Professionals Learning Community

1

Initial Meeting

NOVEMBER 4, 2015

MINNESOTA DEPARTMENT OF HUMAN SERVICES

Agenda

3

- **DHS Support efforts**
- **Learning Community's role**
- **Resources and assistance**
- **Preview upcoming meetings**

Introduction

4

- **Three Drivers:**
 - Olmstead Plan
 - HCBS Rule regarding segregated settings
 - Jensen Settlement Agreement
- **Person-Centered Practices are the common thread**
- **Established for support planning professionals and those who support them**
 - You are all applying person-centered principles in your work
 - As we gain clarity about expectations, realize DHS must provide support

Supportive Activities and Initiatives

5

- **Olmstead Plan – Transition Protocols**
- **Jensen Settlement Community of Practice**
- **HCBS Settings- Final Rule**
- **Employment First initiatives**
- **Housing Initiatives**
- **Moving Home Minnesota**
- **Positive supports community of practice**
- **MnCHOICES**
- **This Learning Community**

Common Themes

6

- **Informed choice**
- **Person centered**
- **Monitor to ensure follow through**
- **Evaluations**
- **Integration into community**

Olmstead Plan - Transition Protocols

7

- Support people in moving from more segregated settings to more integrated settings of their choice.
- Built upon 5 principles:
 1. Involvement of the individual and family
 2. Use of person-centered principles and processes
 3. Expression of choice and quality of life
 4. Life options and alternatives
 5. Provision of adequate services in community settings

Olmstead Plan - Transition Protocols

8

- **Outreach Protocol**
- **Transition Planning Protocol**
- **Follow up Protocol**
- **System Measurement Protocol**

Olmstead Plan - Transition Protocols

9

- **Where we are today:**
- **Developed and tested in five settings.**
- **Implementation status**
- **Developed tools:**
 - Transition Protocols Status Survey and Action Plan
 - Transition Planning File Review Documentation Requirements-checklist for case file
 - Transition Summary Elements
 - Transition Protocols Guidelines, Notes and Resources Directory

Jensen Settlement Community of Practice

10

- Created for case managers in Minnesota supporting *Jensen* Class Members
- Forum to discuss, ask questions, and receive support and guidance from DHS and other experts about services for class members
- Regularly scheduled CoP meetings
- Also “just-in-time” and same-day communications between and among CoP members

HCBS Settings – Final Rule

11

- The Centers for Medicare and Medicaid Services (CMS) issued new regulations governing home and community-based services (HCBS) for all states, explicitly 1915c waivers, 1915i state plan and 1915k community first.
- The purpose is for people receiving HCBS to receive services in integrated settings, receive the benefits of community living, including seeking employment and working in competitive integrated settings
- There are certain settings that are not HCBS or presumed not to be HCBS
- MN submitted a statewide transition plan to CMS in January 2015

Website: www.mn.gov/dhs/hcbs-transition

Employment First

12

- Promotes quality of life and is an essential part of PCP
- Employment First is also a part of Olmstead
- It directs state agencies to promote informed choice about employment
- It is about raising expectations where competitive, integrated employment is the first option
- Employment First is to be implemented in 2016
- Disability Benefits 101 at db101.org is a key tool for planners

Housing Initiatives

13

- **GRH Reform**
 - Current Implementation
 - Plans for future reforms
- **Housing Best Practices Forums**
- **Housing Benefits 101 website**
- **Long Term Homeless Services resource expansion**
- **811 Rental Assistance**

Moving Home Minnesota

14

- Federal demonstration to “rebalance” states’ long term service and support delivery systems
- Serves people with a qualifying stay in a qualified institution
- Provides the state an opportunity to earn additional federal funds to invest in its long term services/supports system
- Person centered planning process

Moving Home Minnesota, continued

15

- **Can offer additional supports for the first year after discharge**
 - Demonstration services
 - Supplemental Services
- **Other resources**
 - “2nd try” at RSC
 - Section 811 Rental Vouchers
- **Contact us:**
 - 651.431.3951 or at
 - movinghomemn.mfp@state.mn.us
 - www.dhs.state.mn.us/mhm

Positive Supports Community of Practice

16

- Dedicated to the transition from aversive practices to positive supports
- Mission is to offer training and technical assistance to teams operating under licensing standards of Minn. Statutes, chapter 245D
 - Opportunities for Technical Assistance
 - Training from Experts (in positive supports and PCP)
 - Updates on efforts to reduce prohibited and restrictive practices (past topics:)
- Sign up to join this Community of practice at the DSD stakeholders info page

http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=dhs16_143138#pscop

Case Management

17

- **Core Components and Process of:**
 - **Assessment**
 - **Planning**
 - **Referral and Linkage**
 - **Monitoring and Coordination**

Case Management

18

Case Management: Core Service Components and Process

*“Gaining access to needed medical, social, educational, vocational,
and other necessary services”*



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Assessment & Support Planning

19

- **Single, comprehensive assessment tool**
- **MnCHOICES certified assessors**
- **Supports the certified assessor in**
 - Guiding a person-centered interview & support planning process
 - Capturing the person's goals, assessed needs, & preferences
 - Determining eligibility for Long-Term Services & Supports
- **Web-based application:**
 - Eligibility “calculator” (age considerations)
 - Dynamic – prompts additional questions as needed
 - Printouts (summaries, assessment responses, PCA provider report)

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Assessment & Support Planning

20

- **Electronic Support Planning tool**
- **Certified Assessors and Case Managers**
- **Supports the development of the person's plan**
 - Captures important support planning conversations
 - Displays Important To & Important FOR items from the assessment
 - Helps identify & align goals, assessed needs, and preferences
 - Identifies the services & supports chosen
- **Web-based application :**
 - Displays Assessment information related to SP
 - Improves ability to ensure all planning elements are addressed
 - Accessible by the person's LTSS team

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Who is it for?

21

- Minnesota residents of any age
- with functional challenges that impact their ability to live, work or engage in their chosen community
 - Return to community from institution
 - Remain in community/avoid institutional living
 - Engage in meaningful work, relationships, & community activities
 - Mitigate health & safety barriers for integrated community participation

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Getting Started

22

- **A request by the person, or a third-party referral to the Lead Agency**
- **An appointment for an in-person assessment interview**
 - Certified assessors (PHN/SW)
 - Person & their legal representative
 - Persons they choose to attend excluding paid providers

MnCHOICES Assessment

23

Person Intake Assignment Assessment User Profile Data Export Logout

Assessment: Willow Rosenberg Assessment Id: 5866 Certified Assessor: Griffin, Cathy C Lead Agency: DHS

Assessment Eligibility Summary Disposition Event Log Eligibility Log Print DD Screening Docs LTC Screening Docs PCA Service Agreement

Person Information	0
Quality of Life	0
ADLs	0
IADLs	0
Health	0
Psychosocial	0
Memory & Cognition	0
Safety/Self Preservation	0
Sensory & Communication	0
Employment Volunteering & Training	0
Housing & Environment	0
Self-Direction	0
Caregiver	0
Assessor Conclusions	0
DD Screening Document	0
LTC Screening Document	0

Eating

* Does the person have any difficulties with eating or require support or assistance with eating? *

No Yes Sometimes Chose not to answer

* Cuing and Supervision * * Physical Assistance *

None None

To initiate the task Setup/Prep

Intermittently during the task Limited

Constantly throughout the task Extensive/Total Dependence

* Does the person need assistance on a daily basis or on days during the week when the activity is completed? *

No Yes

* In regard to the ability to manage eating by themselves, this person: *

Can eat without help of any kind

Needs and gets minimal reminding or supervision

Needs and gets help in cutting food, buttering bread or arranging food

Needs and gets some personal help with feeding or someone needs to be sure that they don't choke

Needs to be fed completely or tube feeding or IV feeding

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Community Support Plan

24

- The CSP is the primary product of the assessment
- Provides summary of assessment results
 - What is Important TO the person
 - ✦ Preferences, Strengths, Goals
 - ✦ Community participation & integration choices
 - ✦ Health & Safety concerns
 - ✦ Eligibility for publically funded services/supports
 - What is important FOR the person
 - ✦ Assessed Needs for LTSS resources
 - ✦ Health & Safety Risks

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Coordinated Services and Supports Plan

25

- **CSSP is developed for persons using publically funded programs**
- **Provides service plan details for purchase of services**
 - **Identifies provider of each service**
 - ✦ Support instructions
 - ✦ Amount, frequency & duration
 - ✦ Associated personal goal(s)
 - ✦ Reflects person's choices within available options
 - ✦ Foundation for 245D addendum & Transition Planning
- **Includes Behavioral Support & Risk Mitigation**
 - ✦ For those who need these

MnCHOICES – Next Chapter: 2016-2017

26

Complete implementation to all lead agencies
Managed Care Organizations

Ensure agencies are all using *MnCHOICES* for initial/new and reassessments statewide

Launch the *MnCHOICES* Support Plan (MnSP)

CSP

CSSP

Rates calculator, including market & flat rates

Learning Community Objectives

27

- **Prepare Case Managers, Assessors, et al to**
 - Apply Person centered practices to their work
 - Transition protocols to their work
- **Provide learning opportunities**
 - May be used for continuing education requirements
- **Provide access to resources**
 - County Link and/or online forum for Support Planning Professionals
- **Identify and promote emerging best practices**

Learning Community Objectives cont'd

28

- Provide an ongoing forum for support planning issues; initial focus is on person-centered practices and planning and Transition Protocols
- Identify where service or access issues are getting in the way of “living” person-centered principles and practices
- Work toward establishment of a “person-centered” Community of Practice at a future date, depending on need and resources

Learning Community Meeting Preview

29

- **Monthly Training Topics**
 - Developed/prioritized from your feedback
 - Monthly sessions like this one

- **How to Participate**
 - Watch for invitations to upcoming sessions and register
 - DSD eList
 - Training News and Information page

Where to Find Help Now?

30

- Resource and Consultation Overview:
http://www.dhs.state.mn.us/main/id_000676
- Making Sense of System Change:
<http://mn.gov/dhs/partners-and-providers/continuing-care/provider-information/systems-change.jsp>
- Bulletins: http://www.dhs.state.mn.us/main/id_000305
- E-List Announcements:
http://www.dhs.state.mn.us/main/id_000677#
- CBSM Main Page:
http://www.dhs.state.mn.us/main/id_000402

Questions

31

- Q & A
- How can we support you?
- Feedback on this session: please e-mail us
 - Regarding content
 - Regarding format

Meeting Wrap

32

- **Thank You!**