

## Common Mental Health Terms and Acronyms

**ACO:** Accountable Care Organization; program under federal healthcare reform that promotes integration of health and mental health services through medical homes and other innovative services delivery

**ARMHS:** Adult Rehabilitation Mental Health Services; social skills and independent living skill training, disease management and medication education services for adults with SPMI who are eligible for MA

**BI:** Brain Injury; disability category for persons with a history of head injury that causes significant impairment in cognitive functions

**BOARD & CARE:** Residential program for clients who require nursing care and 24 hour staff

**BOARD & LODGE:** Residential program providing meals and lodging; without onsite staff or services

**CM or TCM:** Case Management (also known as Targeted Case Management); outpatient service to assist people with SPMI to manage various aspects of their lives, including advocacy, referral, and coordination of services

**CADI:** Community Alternatives for Disabled Individuals; Medical Assistance waiver program funding in-home independent living services for person who otherwise would need hospital or nursing home care

**Care Coordination:** Health care navigation services

**CSP:** Community Support Program (also called Regional Community Support Program) provides on-site drop-in mental health and social supports for persons with SPMI

**EBP:** Evidence-Based Practice; models of helping people that have been determined through research to be effective

- **ACT:** Assertive Community Treatment; features a multidisciplinary team providing intensive case management and additional supports
- **DBT:** Dialectical Behavior Therapy; model of treatment utilizing cognitive behavioral and relaxation/mindfulness techniques
- **IDDT:** Integrated Dual Diagnosis Treatment; model of treatment for persons who have both chemical and mental health diagnoses
- **IMR:** Illness Management and Recovery; model of treatment focused on building skills to manage the symptoms of a mental illness and pursuit of one's life goals
- **MI:** Motivational Interviewing; treatment approach focused on engaging people who are not fully voluntary in their treatment
- **Permanent Supportive Housing**

**GA:** General Assistance; former state funding program for food, rent assistance, etc.

**GAMC:** General Assistance Medical Care; former state funded healthcare program for single adults meeting low-income requirements. This program was eliminated in 2010.

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**GRH:** Group Residential Housing; state funding program for residential housing costs

**HCBS:** Home and Community based waived services

**Healthcare Home:** A "health care home," also called a "medical home," is an approach to primary care in which primary care providers, families and patients work in partnership to improve health outcomes and quality of life for individuals with chronic health conditions and disabilities

**ICRS:** Intensive Community Rehabilitation Services; state funded pilot program for intensive case-management services in Hennepin County

**IMD:** Institution for Mental Diseases; residential mental health treatment facility with more than 16 beds; not eligible for MA reimbursement for services

**IRTS:** Intensive Residential Treatment Services; time-limited residential treatment program paid for by Medical Assistance; replaced Rule 36 facilities

**JARVIS:** State statute that gives courts the power to order administration of medication for a committed person who is unwilling to take prescribed psychiatric medications

**MA:** Medical Assistance, Medicaid, or Title 19; entitlement program combining state and federal funds for medical and health related services for low-income persons who are over 65 years or disabled

**MI:** Mental Illness; a recognized disorder of the brain

- **SMI:** Serious Mental Illness
- **SPMI:** Serious and Persistent Mental Illness; mental illness that is severe enough to limit a person's ability to function in multiple areas of life

**MI & D:** Mentally Ill and Dangerous; category of civil commitment for persons who have committed acts of violence

**MCO:** Managed Care Organization; private organization that contract with public or private health insurance programs to provide all of the healthcare needs of enrolled members

**MHCP:** Minnesota Health Care Program; includes:

- **FFS:** Fee for Service – traditional Medical Assistance (MA)
- **GAMC:** General Assistance Medical Care; a former state healthcare program for low-income single adults;
- **MNCARE:** Minnesota Care; state subsidized healthcare program for un-insured residents (including children) who meet income requirements
- **PMAP:** Prepaid Medical Assistance Program; healthcare program with managed care organization

**PATH:** Projects for Assistance in Transition from Homelessness; state program

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**SSDI:** Social Security Disability Income; federal disability income available to those who have held jobs

**SSI:** Supplemental Security Income; special federal income for disabled persons who have not worked enough to be eligible for SSDI

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### Who's Who – Federal, State, County and MH Advocacy Agencies / Programs

#### Federal

**CMS:** Centers for Medicare and Medicaid Services; federal agency overseeing implementation of healthcare programs for the elderly and poor.

**NIMH:** National Institute of Mental Health; federal agency under the National Institute of Health

**SAMHSA:** Substance Abuse and Mental Health Services Administration; federal agency providing funding and oversight for mental health treatment and research

#### State

**CBHH:** Community Behavioral Health Hospital; state operated 16-bed psychiatric hospitals designed to replace regional treatment centers located throughout greater Minnesota

**DHS:** Department of Human Services; Minnesota department that licenses and funds county and other community based behavioral health programs

**SOS:** State Operated Services

**SOCS:** State Operated Community Services

**RTC:** Regional Treatment Center; formerly known as a state hospital; provides treatment for persons committed by courts as mentally ill, MI&D, and/or chemically dependent

- **AMRTC:** Anoka Metro Regional Treatment Center; last remaining RTC serves all Minnesota

**SMRT:** State Medical Review Team; state program that reviews an individual's disability applications and determines eligibility for Medical Assistance

#### Advocacy

**CSN:** Consumer Survivor Network; state advisory organization

**MACMHP:** Minnesota Association of Community Mental Health Programs

**MDMDA:** Minnesota Depressive and Manic Depressive Association

**MHLN:** Mental Health Legislative Network; state-wide group of advocacy and provider agencies focused on advocacy for appropriate mental health services and laws at the legislative level

**MMHA:** Minnesota Mental Health Association; state advisory organization

**MHADLC:** Mental Health Association and Disability Law Center

**NAMI:** National Alliance on Mental Illness; a national advocacy organization with state office in Minnesota