



Minnesota Department of **Human Services**

Positive Support Community of Practice

(PSCoP)

1/7/14

Purpose of PSCoP

Provide training and technical assistance on the new standards in 245D regarding positive support, emergency use of manual restraint and the creation of positive support transition plans

PSCoP Schedule

- Biweekly; every other Tuesday
- Likely meet through 2014
- Each session:
 - Training topic
 - Update on statewide implementation
 - Success stories
 - Technical assistance

PSCoP Tentative Topics

Person-centered planning
Illness Management & Recovery best practices
PRNs/Psychotropic Medication
Monitoring Quality of Life
Emergency use of Manual Restraint
Motivational Interviewing
Positive Behavior Support/PBIS
Trauma-informed care
Working with EMS/911/Police
Crisis planning
Interaction between 245D and the Vulnerable
Adult/Maltreatment of Minors Act
Emergency services/crisis stays
Mechanical restraint
Self-injurious behavior
Olmstead & behavior intervention
Pitfalls of Punishment Developmental Repair
Cognitive-Behavior Therapies
Dialectical Behavior Therapies

Applied Behavior Analysis
Psychoanalysis/Counseling
Functional Behavior Assessments/Functional
Assessments
MN Crisis Resources
Crisis training providers (i.e. Mandt, CPI, AIT, PIA,
etc.)
Role of the case manager
MnCHOICES and behavior interventions
HCBS Waiver Services
WRAP
ACT
Developing natural support systems
Including the community in community integration
Peer Supports
Clubhouses and social networks
PSTP Reviews (Data Reviews)

Agenda

- Introduction and updates
- Updates to the BIRF
- Re-introduce the PSTP form and instructions
- Q&A
- Crisis Planning; Jason Hoffrogge, Orion Associates
- Licensing process for 2014
- Q&A

In attendance

Katherine Finlayson; DHS, Licensing

Jason Hoffrogge; Orion Associates

Dean Ritzman; DHS, Disability Services Division

Charles Young; DHS, Disability Services Division

How to submit questions

Email your questions to:

positivesupports@state.mn.us

BIRF Updates

Behavior Intervention Report Form

DHS Form-5148

BIRF Data - Overview

July 2013 – January 3rd, 2014

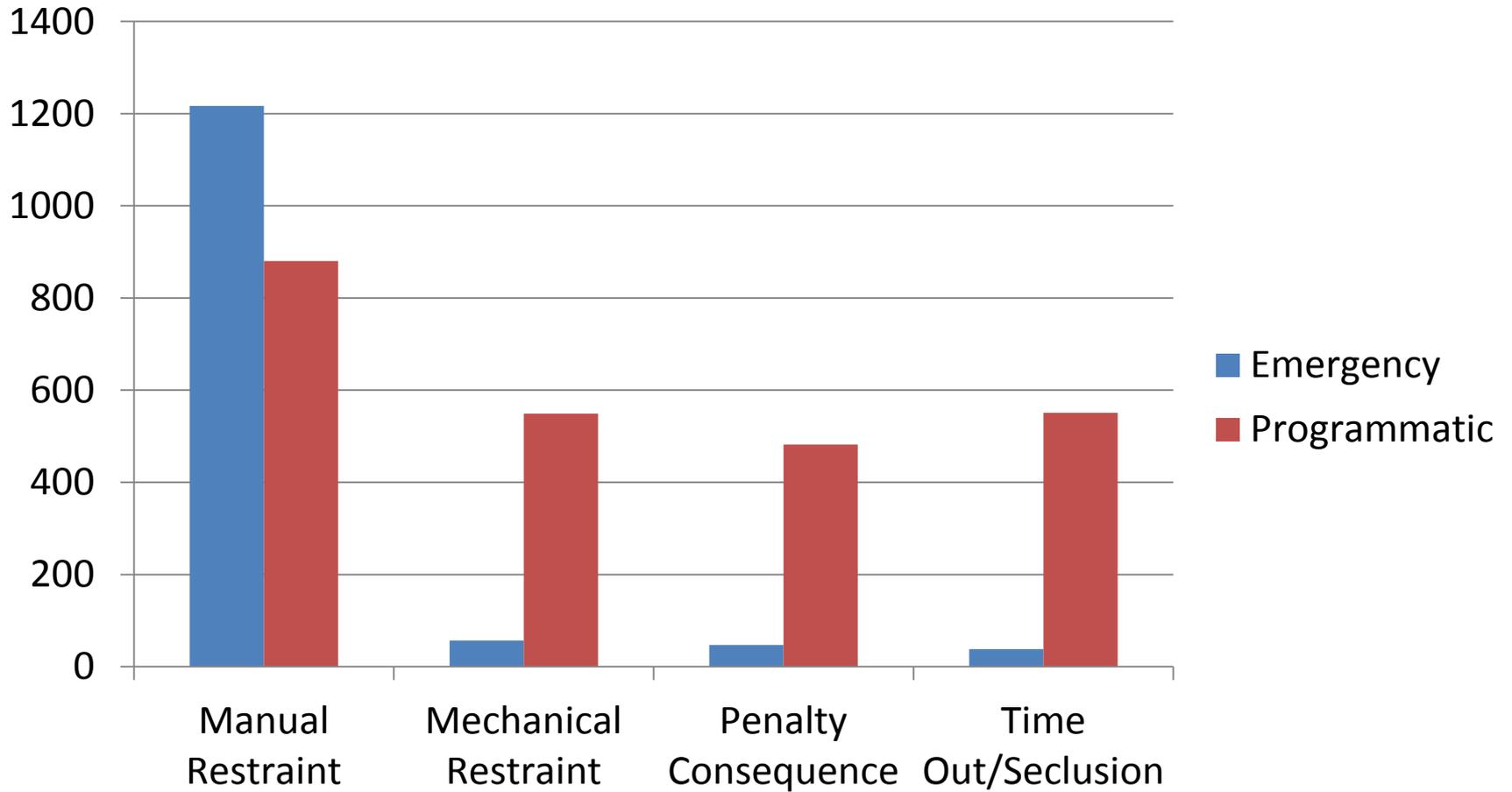
Number of Incidents received: 4,499

Number of providers reporting: 250

Number of persons reported on: 825

Number of persons with a Rule 40 plan: 171

BIRF Data



Positive Support Transition Plan (PSTP)

The plan required by 245D providers to:

1. Eliminate the use of prohibited procedures
2. Avoid the emergency use of manual restraint
3. Prevent the person from physically harming self or others
4. Increase quality of life

PSTP replaces Rule 40 & Behavior Support Plans

PSTP Defined

245D.02: Definitions

Subd. 23b. **Positive support transition plan.** "Positive support transition plan" means the plan required in section 245D.06, subdivision 5, paragraph (b), to be developed by the expanded support team to implement positive support strategies to:

- (1) eliminate the use of prohibited procedures as identified in section 245D.06, subdivision 5, paragraph (a);
- (2) avoid the emergency use of manual restraint as identified in section 245D.061; and
- (3) prevent the person from physically harming self or others.

245D Prohibited Behavior Interventions*

- Chemical Restraint
- Mechanical Restraint
- Prone restraint
- Manual Restraint, other than in an emergency
- Time Out
- Seclusion
- Any aversive or deprivation procedure

*245D.06, subd. 5

245D Allowable Behavior Intervention

Emergency use of manual restraint:
when a person poses an imminent risk of
physical harm to self or others and,
is the least restrictive intervention that would
achieve safety.

Property damage, verbal aggression, or a
person's refusal to receive or participate in
treatment do not constitute an emergency

245D.06: Protection Standards

Subd. 8. **Positive support transition plan.** License holders must develop a positive support transition plan on the forms and in the manner prescribed by the commissioner for a person who requires intervention in order to maintain safety when it is known that the person's behavior poses an immediate risk of physical harm to self or others. The positive support transition plan forms and instructions will supersede the requirements in Minnesota Rules, parts 9525.2750; 9525.2760; and 9525.2780..

245D.06: Protection Standards

Subd. 8. **Positive support transition plan.** License holders must develop a positive support transition plan on the forms and in the manner prescribed by the commissioner for a person who requires intervention in order to maintain safety when it is known that the person's behavior poses an immediate risk of physical harm to self or others. The positive support transition plan forms and instructions will supersede the requirements in Minnesota Rules, parts 9525.2750; 9525.2760; and 9525.2780..

Timelines

245D.06: Protection Standards, subdivision 8 continued...

The positive support transition plan must phase out any existing plans for the emergency or programmatic use of aversive or deprivation procedures prohibited under this chapter within the following timelines:

- (1) for persons receiving services from the license holder before January 1, 2014, the plan must be developed and implemented by February 1, 2014, and phased out no later than December 31, 2014; and
- (2) for persons admitted to the program on or after January 1, 2014, the plan must be developed and implemented within 30 calendar days of service initiation and phased out no later than 11 months from the date of plan implementation.

Review of the template

DHS Form-6810: [PSTP](#)

DHS Form- 6810A: [PSTP Review](#)

DHS Form-6810B: [PSTP Instructions](#)

eDocs

- All official DHS Forms
- [eDocs](#)

http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id000100

Q & A

Email your questions to:

positivesupports@state.mn.us

Resources

- PSTP <https://edocs.dhs.state.mn.us/lfserver/Public/DHS-6810-ENG>
- PSTP Review <https://edocs.dhs.state.mn.us/lfserver/Public/DHS-6810A-ENG>
- PSTP Instructions: <http://edocs.dhs.state.mn.us/lfserver/Public/DHS-6810B-ENG>
- [Behavior Intervention Report Form](#) - 5148
- [Behavior Intervention Report Form Instructions](#)
- [Minnesota Statutes 245D](#)
- [Rule 40 Advisory Committee Recommendations](#)
- [Commissioner's Statement on Respect & Dignity](#)
- [Jensen Settlement Agreement](#)
- DSD E-lists – [Instruction to subscribe](#)

Upcoming PSCoP Meetings

Jan 21, 10a-12p

Feb 4, 10a-12p

Feb 18, 10a-12p

Mar 4, 10a-12p

Mar 18, 10a-12p

Notifications sent out through e-list
PSCoP website under construction