



## Individual Personal Care Assistant (PCA) Training

### Target Audience

Anyone interested in becoming a Personal Care Assistant (PCA) and all current PCAs

A person must complete standardized PCA training to satisfy Minnesota law before joining a PCA provider agency and enrolling as an individual PCA provider.

The training is available to anyone, online 24 hours a day, free to the public and offers a separate test out process.

### Participants will:

1. Learn the role and responsibilities of a PCA.
2. Learn how to respond to medical and non-medical emergencies.
3. Learn how to control infection.
4. Understand how to lift and transfer individuals properly.
5. Learn to identify challenging behaviors and how to deal with them.

### More Information

Contact [DSD Learn](#).

### Registration Information

Please click on the following link: <http://registrations.dhs.state.mn.us/>

This link will take you to a page titled "Online Registration." Under the Continuing Care - Disability Services heading (3<sup>rd</sup> item on page). Click the Individual Personal Care Assistant Training link.

### To view training modules:

- click "Take the Course" link to begin reviewing the modules.
- after completing the modules, close the modules window to return to the Individualized Personal Care Assistance Training home page.

### To register for the test:

- click the drop down arrow on the Event box, and select the Personal Care Assistant (PCA) option
- click the Next-Register button to access the Registration page. Enter your contact information and answer a few questions on computers and language choices. You must register this information to take the test.

Disable any pop-up blockers. Contact your local information technology department for assistance in disabling pop-up blockers.

### Questions

PCAs who are not yet affiliated with a PCA Provider agency may e-mail their questions to [DSD Learn](#) or call (651)431-2400.

PCAs affiliated with a PCA provider agency contact their PCA provider agency with questions. If the provider agency is unable to answer the question, the agency may contact the MHCP Provider Call Center at (651) 431-2700 or toll free 1 (800) 366-5411.

[Continuing Care Administration Training Opportunities Calendar](#)