

# Support Planning Professionals Learning Community (SPPLC)

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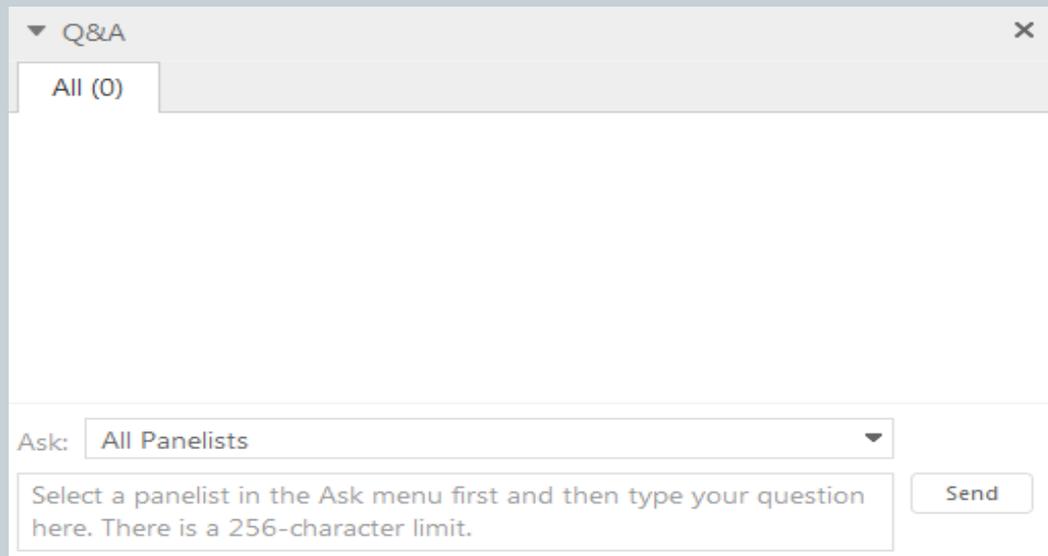
## Person Centered Practices Five Common Elements Part 2 of 5

FEBRUARY 24, 2016  
MINNESOTA DEPARTMENT OF HUMAN SERVICES

# Welcome

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To ask a question during the presentation use the Q&A Panel in WebEx



The screenshot shows a window titled "Q&A" with a close button (X) in the top right corner. Below the title bar is a tab labeled "All (0)". The main area of the window is empty. At the bottom, there is a section labeled "Ask:" with a dropdown menu currently set to "All Panelists". Below the dropdown is a text input field with the placeholder text: "Select a panelist in the Ask menu first and then type your question here. There is a 256-character limit." To the right of the text input field is a "Send" button.

Select "All Panelists", type your question, and click Send.

# Agenda

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- Lori Miller: Review the objectives of the learning community
- Lori Miller: Person Centered Protocol Updates
- Amanda Calmbacher: Adult Mental Health and Person Centered Planning
- Dan Baker: Lessons Learned from Other States
- Stacy Danov: Overview of Person Centered Practices

# Introduction

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## Objectives of the Learning Community:

- Support Planning Professionals (SPP) are prepared to apply Person Centered practices
- SPP are prepared to apply Person Centered Protocols to their work

# Introduction

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## Objectives of the Learning Community:

- Identify where there may be service or access issues that are getting in the way of “living” Person Centered Principles and Practices
- Provide an ongoing forum for support planning issues; initial focus is on person-centered planning

# Person Centered Protocol Updates

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- Approval of Person-Centered, Informed Choice & Transition Protocols
- Will be posted online
- Bulletin

# Person Centered Protocol Updates

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## Transition Protocols

- Still in effect and should continue to follow.
- Current tools are optional
- Tools are being revised based on feedback and developmental of the Person-Centered, Informed Choice and Transition Protocols
- Lead Agency Review Team will be doing educational reviews

# Person Centered Protocol Updates

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- Person-Centered Thinking training
- Refer to eList announcement.
- Registration open ONLY to Assessors and Lead Agency staff two weeks after posting.

# Person Centered Protocol Updates

- **Person-centered training opportunities**

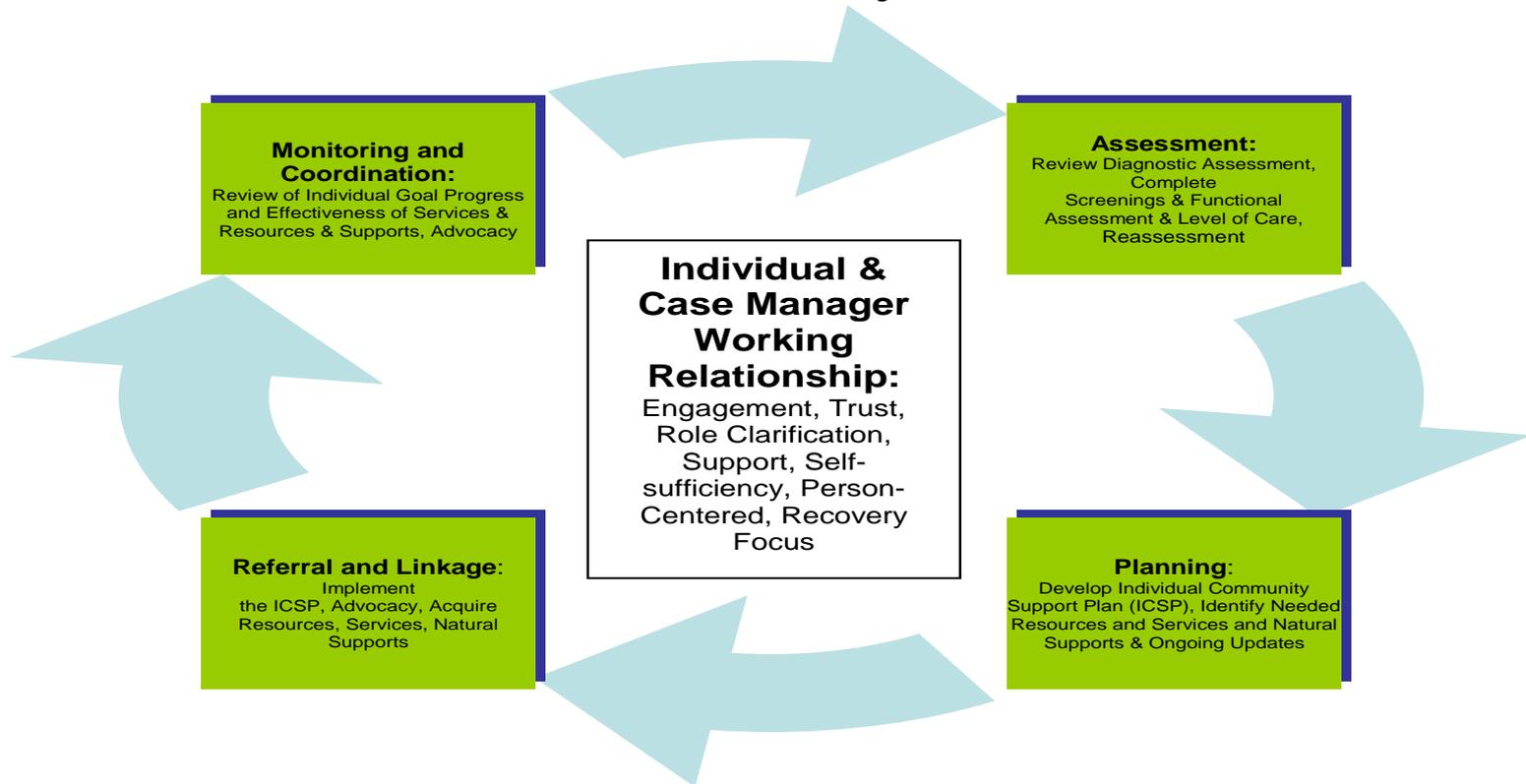
- DHS and the University of Minnesota's Institute on Community Integration (ICI) announce a variety of training opportunities on person-centered thinking and person-centered planning. There are three separate training topics for you to consider, depending on your role or level of interaction with people with disabilities.
- **New dates and locations**
- Visit the new [DHS person-centered training page](#) to see dates, locations and registration information for all sessions, and specifically the new Part 1: Person-centered thinking training dates.
- Each Part 1 session is open only to assessors, case managers and other lead agency staff until late February. After this initial announcement period of two weeks, registration is open to everyone.
- **Suggest new locations or train-the-trainer training**
- If you would like to suggest additional training locations or are interested in being trained to facilitate person-centered trainings, contact ICI at [rtc@umn.edu](mailto:rtc@umn.edu).
- **Get more information**
- To learn more about the trainings and how to register, go to the the [University of Minnesota's person-centered training website](#). As always, check the [DSD training and news and information page](#) for all training opportunities.

# Adult Mental Health Updates

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## Adult Mental Health Targeted Case Management: Core Service Components and Process

*“Gaining access to needed medical, social, educational, vocational,  
and other necessary services”*



Questions: Use Q&A Panel and send to "All Panelists"

# Adult Mental Health Updates

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## Updates

# Lessons Learned in Other States

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- Person Centered Practices have been adopted in many other states.
- There are some ways of adopting Person Centered Practices that can give the best chance of success.
- We don't just want people to comply with regulation – we want supports to be thought about differently .

# Involve Stakeholders

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- Figure out who the stakeholders are
- Involve them as early as possible
- Involve them as much as possible
- Different groups of stakeholders will be interested in different things; tailor the message for the group
- Listen to concerns

# Teach About Person Centered Practices

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- Teach what they are, focusing on the logic
- Teach how they can help each group of stakeholders
- Start with points of agreement
  - What can be done better?
  - How can Person Centered Practices help?

# Share Success Stories

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- They need to be real
- They need to feel achievable for the listener
  - Some stories we share put people off
  - The listener needs to think “I can do that”

# Success Stories I Will Share

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- Residential support
- School support
- Employment Support
- Corrections

*Note: These aren't all mine.*

# Person Centered Practices Common Elements: Choice (Part 2 of 5)

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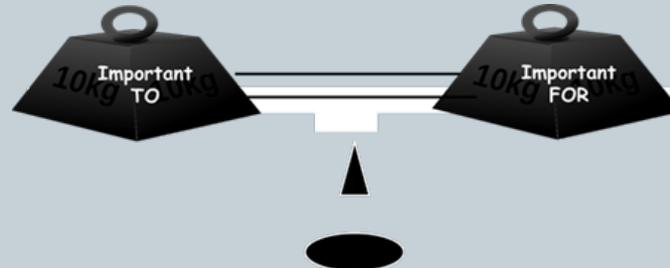
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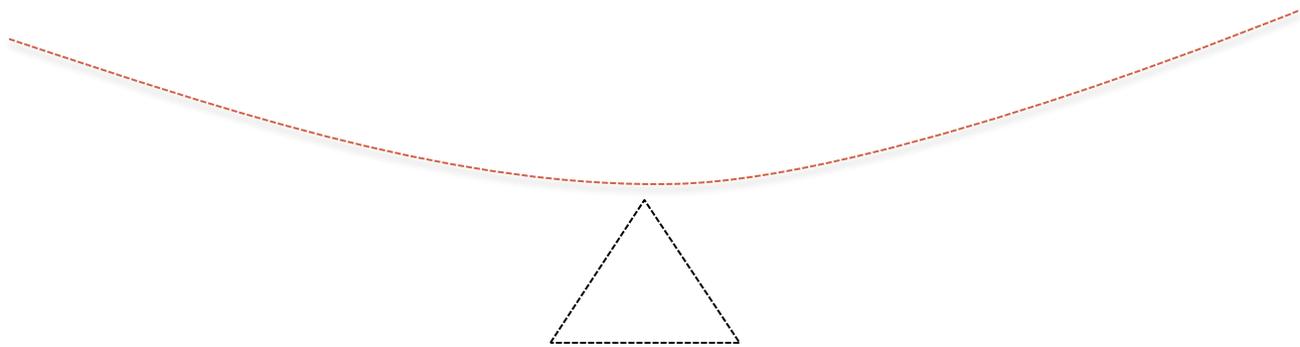
# Review: Person Centered Practices

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- Person Centered Practices

- ✦ POWER WITH, SUPPORTING, FOCUS ON STRENGTHS, EXPRESS PREFERENCES AND CHOICE, HAVING POSITIVE CONTROL OVER LIFE





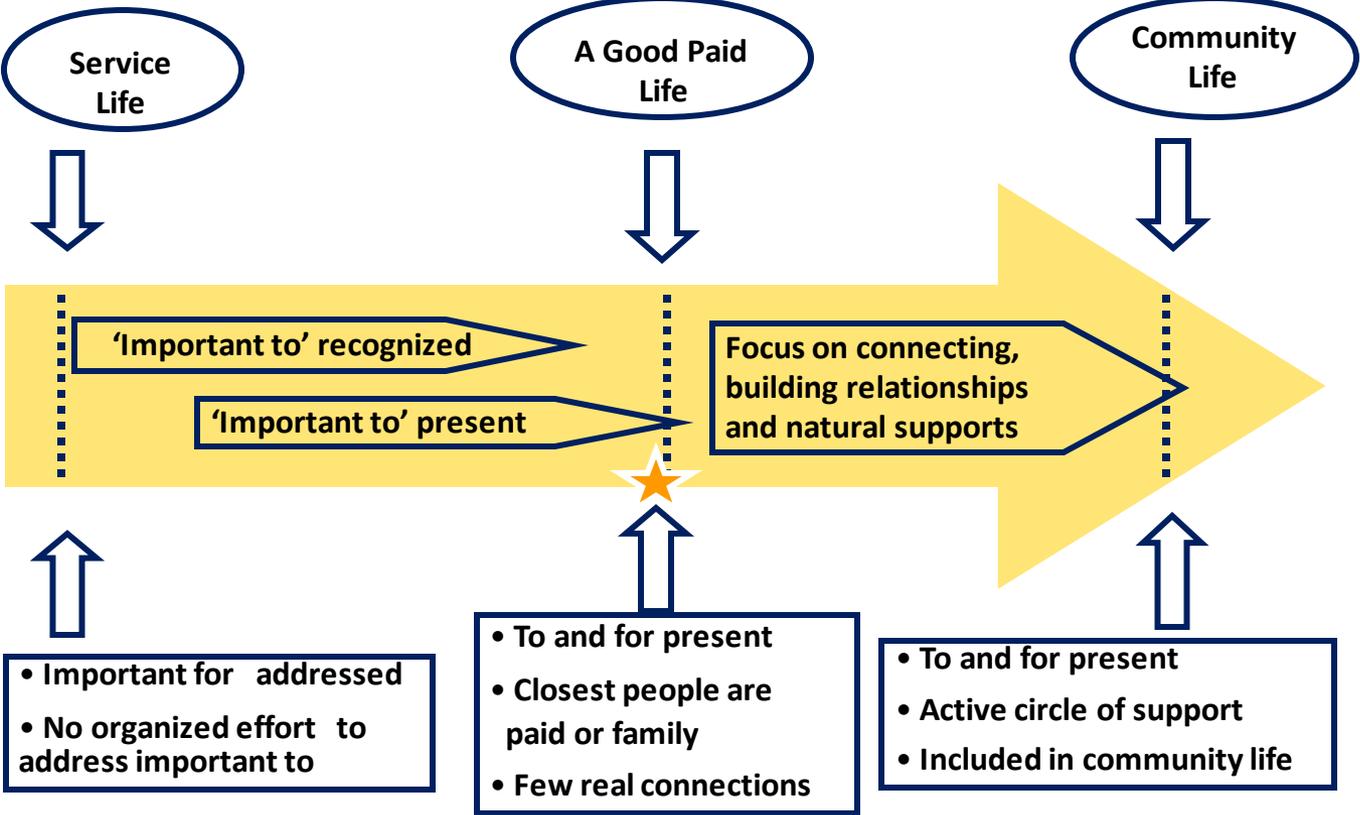
# 5 Valued Experiences/common elements

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1. Growing in relationships
2. Contributing
3. Making choices
4. Being treated with dignity and respect and having a valued social role
5. **Sharing ordinary places and activities**

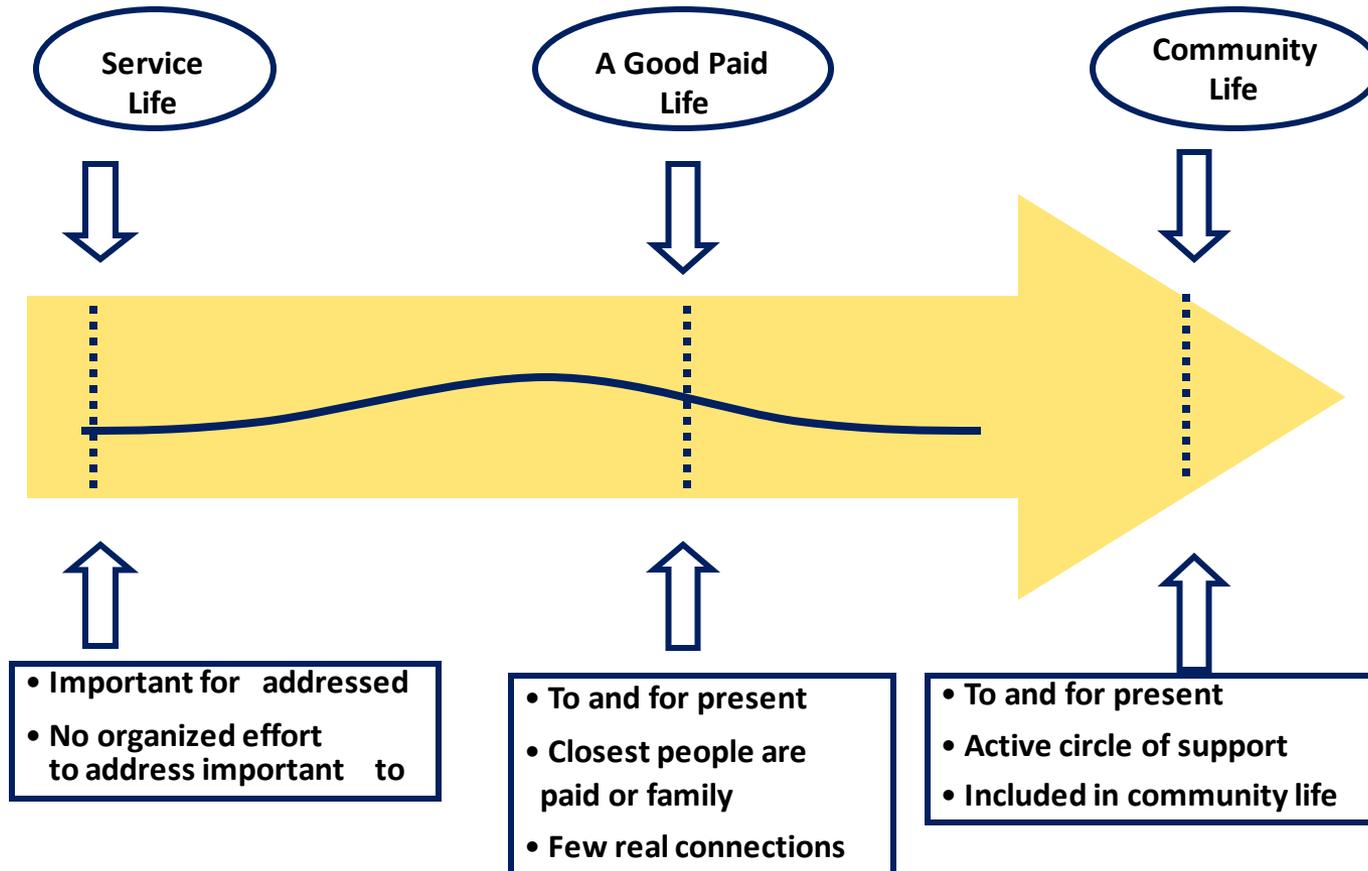
**Each Valued Experience is related to one another**

# Moving from Service Life to Community Life



# Moving from Service Life to Community Life

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TLC-PCP 2012 [www.learningcommunity.us](http://www.learningcommunity.us)

# Community is more than...

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- Going on an “outing”
  - I go out / You go on a community outing
  - I go to church / You go on a outing to church
  - I go run errands/ You go with staff or with a group of people
  - I go out / You go out because you have a inclusion/community goal

# Quote

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**“Community is an experience,  
Not a Place”** (Amado, 1993)

Amado, A. (1993). *Friendships and Community Connections between People with and without Developmental Disabilities*. Baltimore: Paul H. Brookes Publishing Co.

# Sharing ordinary places

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- Some people may need support to identify useful or enjoyable community places
- Community mapping is one tool

# Community Mapping

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## STEPS:

1. Identify interests, gifts, and possible contributions
  - a. Interests are those things that express the meaning in a person's life (O'Brien & O'Brien, 1989)
  - b. Gifts are those qualities or characteristics that are appreciated by others.

# Community Mapping

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2. Explore and Identify Possible Connections
  - a. Where are all the places this interest can be expressed? Generate a list of places
  - b. Identify opportunities for community relationships. Focus on opportunities for relationships
  - c. Look for potential welcoming places

# Community Mapping

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- d. Explore the local community
- e. Look for interested People. The last way to explore possible connections is to look directly for people who might be interested in getting to know people with disabilities

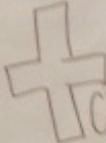
# Community Mapping

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3. Make Introductions
4. Continue to support the relationship

Amado, A. (1993). *Friendships and Community Connections between People with and without Developmental Disabilities*. Baltimore: Paul H. Brookes Publishing Co.

# Comm. Map.

 Church groups?

Casino  
White Oak

Feed Mill  
- Alan goes there

Thunder Alley  
Blueberry Band  
Leagues??

  
Member

Movie Theatre  
Camping

Hardware/A?  
Hank

 Fishing - clubs/groups  
contests  
group - let's go fishing

Itasca Comm  
College  
- classes  
- cooking

American Legion  
 BINGO  
Spm Monday  
Pitch  
Dart League?

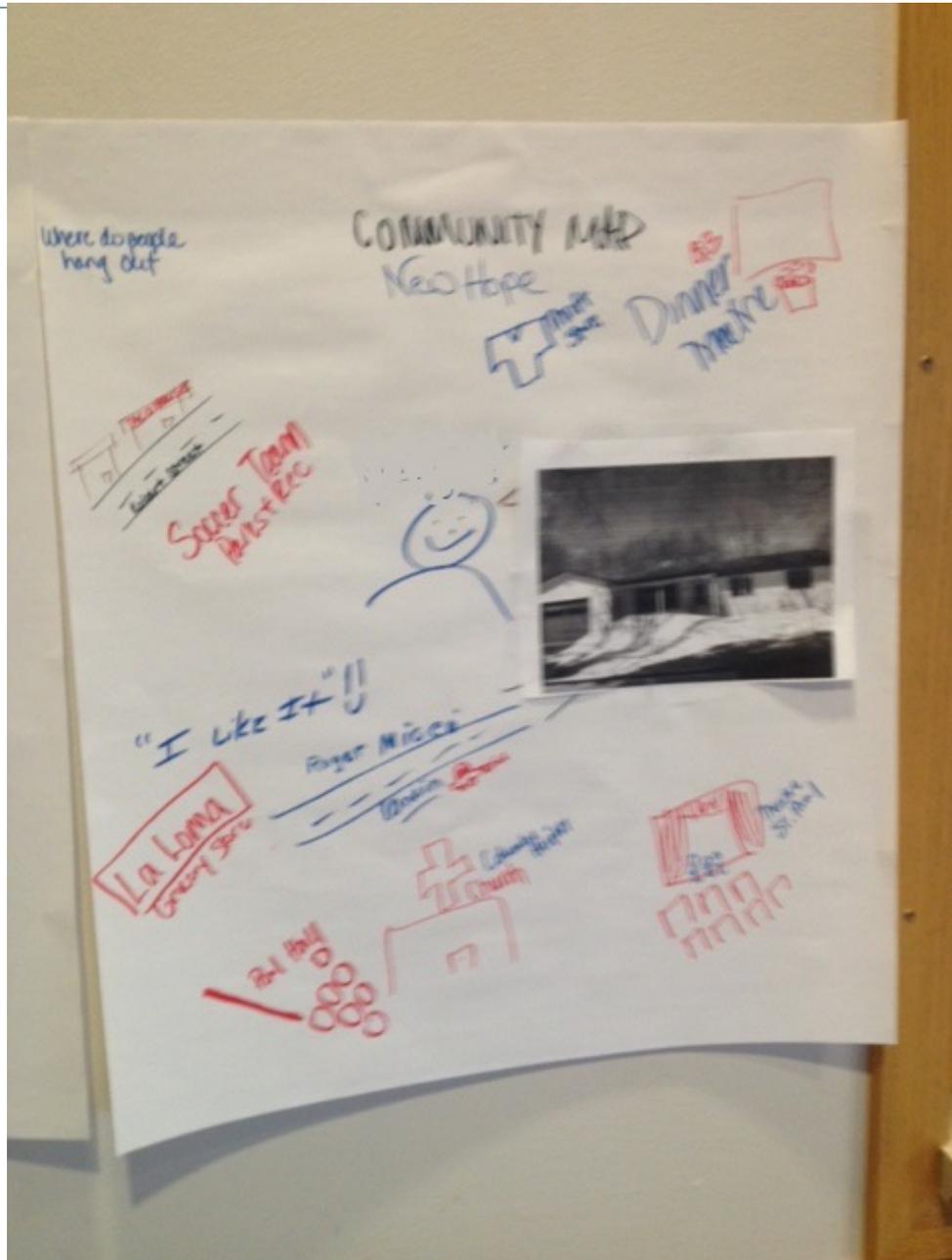
Library  
classes

Come P. 2:30  
Junk Karts

Fair Grounds  
 racing

Handwritten scribbles

Handwritten scribbles



# Questions, Feedback, Comments?

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## Pausing for

- Questions
- Feedback
- Comments

# Where to Find Help Now?

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- Bulletins: [http://www.dhs.state.mn.us/main/id\\_000305](http://www.dhs.state.mn.us/main/id_000305)
- E-List Announcements:  
[http://www.dhs.state.mn.us/main/id\\_000677#](http://www.dhs.state.mn.us/main/id_000677#)
- CBSM Main Page:  
[http://www.dhs.state.mn.us/main/id\\_000402](http://www.dhs.state.mn.us/main/id_000402)

# Survey

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Please take a moment to let us know your thoughts.

[Take our Survey](http://surveys.dhs.state.mn.us/snapwebhost/s.asp?k=145617200957)

[http://surveys.dhs.state.mn.us/snapwebhost/s.asp?k=1456  
17200957](http://surveys.dhs.state.mn.us/snapwebhost/s.asp?k=145617200957)

# Meeting Wrap

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Audio from today's session will be available beginning tomorrow morning by dialing:

855-859-2056

Conference ID:

54439958

If you have questions following the session, email to

[Diane.Marshall@state.mn.us](mailto:Diane.Marshall@state.mn.us)

# Meeting Wrap

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**Thank you for attending!**