

Post-adoption Support Services

The Minnesota Department of Human Services' Child Safety and Permanency Division has entered into contracts with two organizations, the North American Council on Adoptable Children (NACAC) and MN ADOPT, to provide post-adoption support services to adoptive families in Minnesota.

HELP

Services for adoptive families in crisis are available through the MN ADOPT HELP program. HELP clinical specialists provide assistance that may include:

- Therapeutic service referrals
- Professional guidance and support
- Tools and resources to reduce crisis.

HELP connects adoptive families to a system of statewide therapists and mental health professionals, and streamlines the referral and payment process to get immediate assistance. To learn more, call 855-670-HELP (4357) or 612-746-5137.

Adoptive Parent and Adoptee Support Services

NACAC's Adoption Support Network helps adoptive families by offering the Adoption Support Network, providing peer-led support groups and events for adoptive parents and adopted children and youth throughout the state. More details about specific events will follow. For more information, contact NACAC at 651-646-5082 or visit their website at www.nacac.org.

Training

MN ADOPT will continue to offer training for adoptive families both online and in-person. For a calendar of upcoming training events, please visit MN ADOPT's website at <http://www.mnadopt.org/training/>.

DHS Contact

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