

Aging 2030

Northwest Minnesota—Regional Demographic Profile

NORTHWEST REGION

COUNTIES:

Becker
Beltrami
Clay
Clearwater
Douglas
Grant
Hubbard
Kittson
Lake of the Woods
Mahnommen
Marshall
Norman
Otter Tail
Pennington
Polk
Pope
Red Lake
Roseau
Stevens
Traverse
Wilkin

Aging 2030

is a project of the
Minnesota Department of
Human Services

In partnership with:

Minnesota
Board on Aging and
Minnesota
Department of Health

CONTACT INFORMATION

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Overview

Aging 2030 is a joint venture between Minnesota's Department of Human Services, Board on Aging and Department of Health, in conjunction with several other state agencies. The purpose is to prepare Minnesota for the coming age wave of baby boomers and a permanent shift in the age of our state's population.

In 2011, the baby boom generation began to turn 65 and, for the next 50 years, the aging of our society will dominate the demographic landscape. Aging 2030 is focused on the system changes that must be made now to take advantage of the historic demographic dividend presented by this largest generation ever born, and address the challenge posed by the growth in health and long-term care needs.

Aging 2030 builds on the efforts begun in Transform 2010, a project with similar goals that completed its work. That project produced five themes for action and these will continue to be utilized as the policy framework for Aging 2030.

- Redefining work and retirement
- Supporting caregivers of all ages
- Fostering communities for a lifetime
- Improving health and long-term care
- Maximizing the use of technology

More information is available on the Aging 2030 website.

About this Regional Demographic Profile

This regional demographic profile is a product of the Aging 2030 initiative and is part of a series of demographic profiles developed to present the new 2010 Census data figures for the state of Minnesota, its regions and counties. As Minnesota ages, it will become increasingly important to those developing community programs, services and support systems to see the variations and differences for a number of demographic characteristics, including:

- Overall population numbers based on age, race and ethnicity
- Number of people over 65 as compared to the typical working age population (Elderly Dependency Ratio)
- Number of people over 65 who are living alone
- Relative availability of caregivers for those who are more likely to require support (Family Caregiver ratio)

This information will be useful to local units of government, providers, policymakers and others involved in planning for or serving older adults.

The information in this profile was generated from 2000 and 2010 Census data and the state demographer's population projections.

Ageing 2030

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Table 1. Population Age 65+ and 85+

Calendar Year	Total Region Population	Regional Population 65+	Regional Percent 65+	State Percent 65+	Regional Population 85+	Regional Percent 85+	State Percent 85+
2000	374,695	62,165	16.6%	12.1%	10,262	2.7%	1.7%
2010	390,802	67,180	17.2%	12.9%	10,885	2.8%	2.0%
2020	428,320	86,070	20.1%	15.9%	12,410	2.9%	2.1%
2030	446,300	113,220	25.4%	20.6%	15,580	3.5%	2.7%

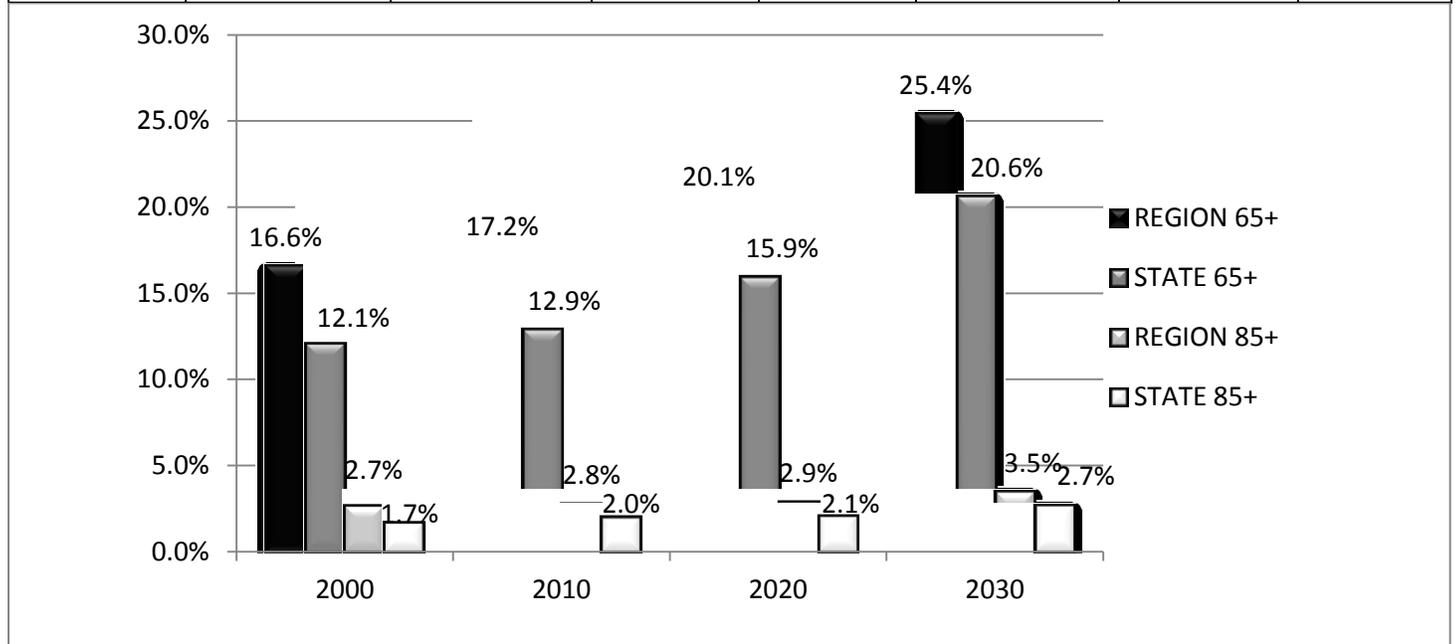


Table 2. Population Age 60+

Calendar Year	Total Region Population	Total State Population	Regional Population 60+	Total State Population 60+	Region Percent 60+	State Percent 60+
2000	374,695	4,919,479	79,114	772,278	21.1%	15.7%
2010	390,802	5,303,925	90,614	962,896	23.2%	18.2%

Table 3. 65+ Population by Race and Ethnicity (2000 vs. 2010 Census data)

Race categories are single race alone, except for the “two or more races” category. Individuals of Hispanic origin can be of any race.

	Total 65+ County Population	White (non-hispanic)	Black or African American	American Indian and Alaska Native	Asian only	Two or More Races	Hispanic or Latino (of any race)
2004 Estimates	63,001	61,834	40	796	143	183	196
% of 65+ pop		98.1%	0.1%	1.3%	0.2%	0.3%	0.3%
2010 Census	67,180	65,330	75	1,063	129	307	295
% of 65+ pop		97.2%	0.11%	1.58%	0.19%	0.46%	0.44%

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Table 4. Elderly Dependency Ratio

Elderly Dependency Ratio = Number of people age 65+ per 100 persons of working age (15-64)

Calendar Year	Regional Elderly Dependency Ratio	State Elderly Dependency Ratio	Regional Population 65+
2000	26	18	62,165
2010	27	19	67,180
2020	33	25	86,070
2030	45	34	113,220

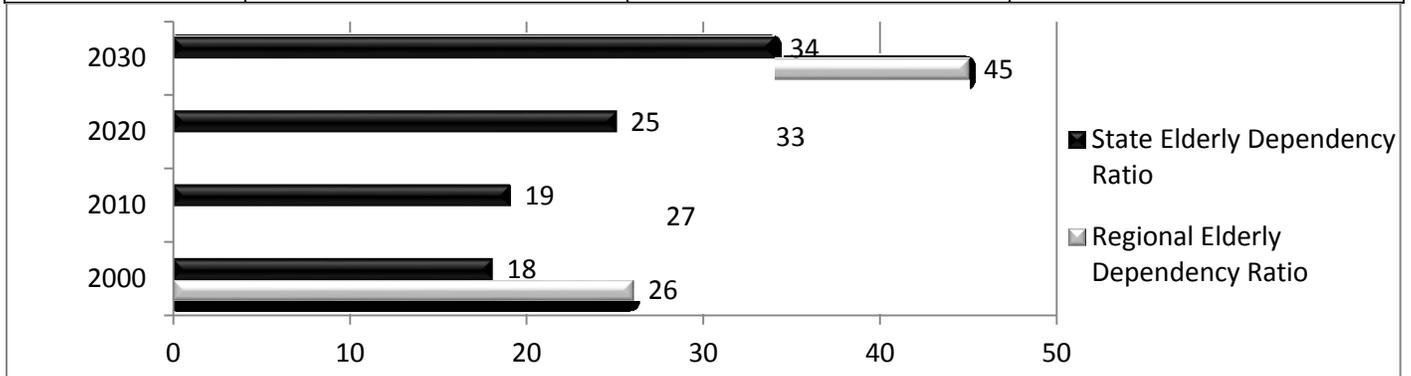
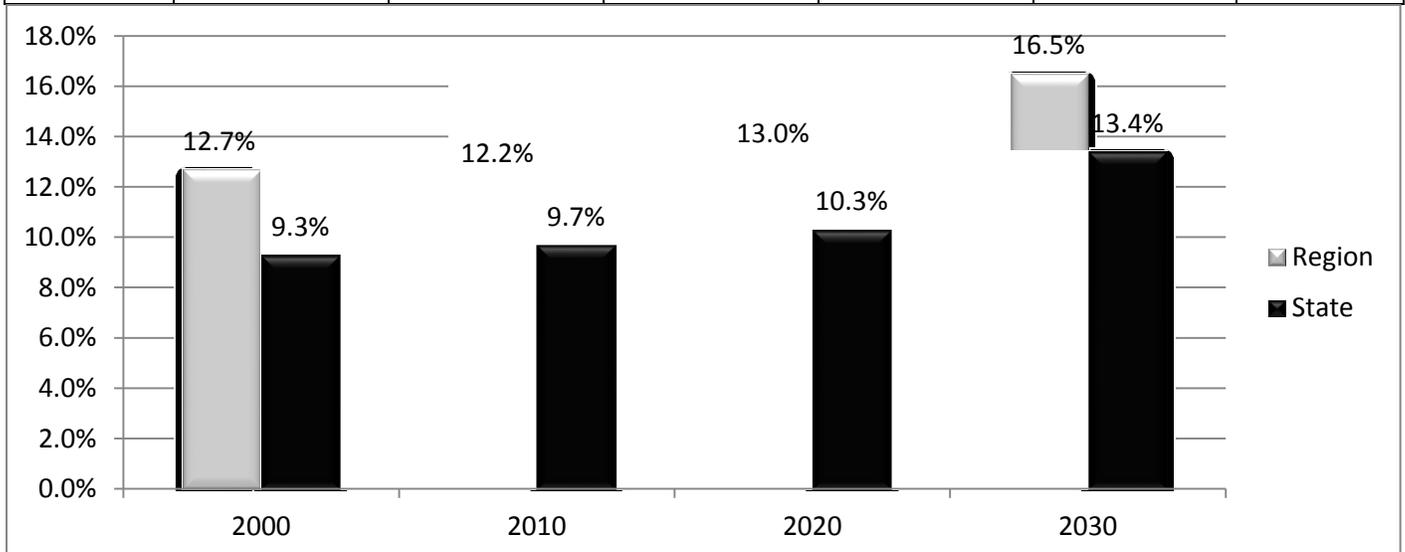


Table 5. Population 65+ Living Alone

Calendar Year	Region Total Households (all ages)	State Total Households (all ages)	Region 65+ Households Living Alone	State 65+ Households Living Alone	Regional Percent 65+ Living Alone	State Percent 65+ Living Alone
2000	145,532	1,895,127	18,442	177,056	12.7%	9.3%
2010	158,368	2,087,227	19,383	201,459	12.2%	9.7%
2020	174,000	2,374,360	22,550	244,420	13.0%	10.3%
2030	185,500	2,566,940	30,520	343,530	16.5%	13.4%



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Table 6. Family Caregiver Ratio

Family Caregiver Ratio = Number of people age 85+ per 100 females age 45-64 (who are the typical caregivers)

Calendar Year	Regional Population 85+	Regional Female Population 45-64	Regional Ratio	State Ratio	State Female Population 45-64	85+ State Population
2000	10,262	42,195	24	16	537,163	85,601
2010	10,885	53,571	20	15	720,930	106,664
2020	12,410	53,470	23	17	753,020	125,410
2030	15,580	50,090	31	23	718,860	168,890

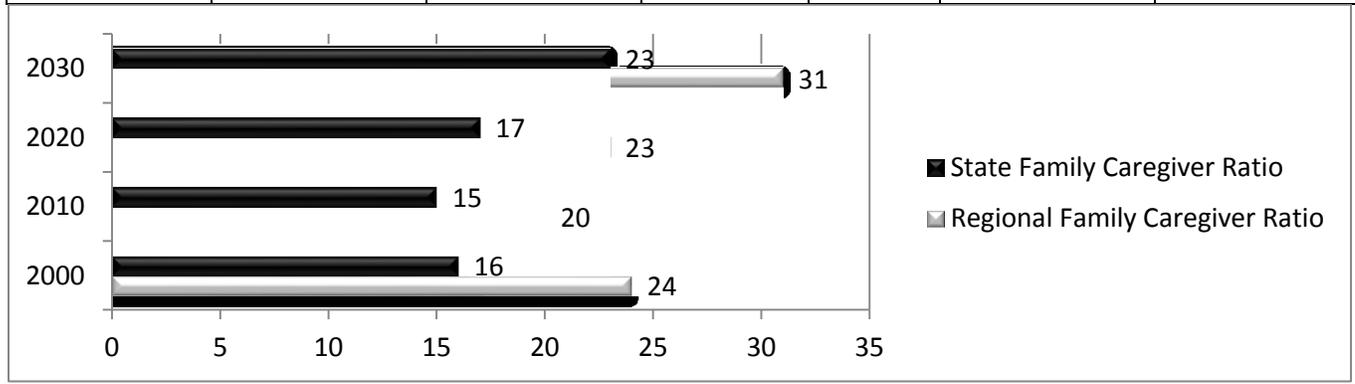


Table 7. Poverty Status for people 65 and older and all ages

COUNTY BY REGION	65 AND OLDER			ALL AGES		
	Total Number	Below Poverty Number	Percent	Total Number	Below Poverty Number	Percent
Statewide	626,511	51,987	8.3%	5,119,104	542,133	10.6%
Northwest MN Land of the Dancing Sky AAA	61,386	6,006	9.8%	375,149	47,914	12.8%

Source: 2006-2010 American Community Survey. Tabulated by the Minnesota State Demographic Center.

DATA SOURCES

Unless otherwise noted, data for calendar years 2000 and 2010 taken from the U.S. Census Bureau: Demographic Characteristics 2010. (See <http://2010.census.gov/2010census/>.)

Projected numbers for 2020 and 2030 taken from estimates completed by the Minnesota Demographic Center: 2004, April 2007 (See <http://www.demography.state.mn.us/Census2010/>.)