

Aging 2030

Northeast Minnesota—Regional Demographic Profile

NORTHEAST REGION

COUNTIES:

Aitkin
Carlton
Cook
Itasca
Koochiching
Lake
St. Louis

Overview

Aging 2030 is a joint venture between Minnesota's Department of Human Services, Board on Aging and Department of Health, in conjunction with several other state agencies. The purpose is to prepare Minnesota for the coming age wave of baby boomers and a permanent shift in the age of our state's population.

In 2011, the baby boom generation began to turn 65 and, for the next 50 years, the aging of our society will dominate the demographic landscape. Aging 2030 is focused on the system changes that must be made now to take advantage of the historic demographic dividend presented by this largest generation ever born, and address the challenge posed by the growth in health and long-term care needs. More information is available on the Aging 2030 website.

Aging 2030 is building on the efforts begun in Transform 2010, a project with similar goals that completed its work in 2010. That project produced five themes for action and these will continue to be utilized as the policy framework for Aging 2030.

- Redefining work and retirement
- Supporting caregivers of all ages
- Fostering communities for a lifetime
- Improving health and long-term care
- Maximizing the use of technology

About this Regional Demographic Profile

This regional demographic profile is a product of the Aging 2030 initiative and is part of a series of demographic profiles developed to present the new 2010 Census data figures for the state of Minnesota, its regions and counties. As Minnesota ages, it will become increasingly important to those developing community programs, services and support systems to see the variations and differences for a number of demographic characteristics, including:

- Overall population numbers based on age, race and ethnicity
- Number of people over 65 as compared to the typical working age population (Elderly Dependency Ratio)
- Number of people over 65 who are living alone
- Relative availability of caregivers for those who are more likely to require support (Family Caregiver ratio)

This information will be useful to local units of government, providers, policymakers and others involved in planning for or serving older adults.

The information in this profile was generated from 2000 and 2010 Census data and the state demographer's population projections.

Aging 2030

is a project of the Minnesota Department of Human Services

In partnership with:

Minnesota
Board on Aging and
Minnesota
Department of Health

CONTACT INFORMATION

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Table 1. Population Age 65+ and 85+

Calendar Year	Total Region Population	Regional Population 65+	Regional Percent 65+	State Percent 65+	Regional Population 85+	Regional Percent 85+	State Percent 85+
2000	322,073	53,637	16.7%	12.1%	7,568	2.3%	1.7%
2010	326,225	56,203	17.2%	12.9%	8,715	2.7%	2.0%
2020	340,210	72,940	21.4%	15.9%	9,900	2.9%	2.1%
2030	346,880	92,120	26.6%	20.6%	12,280	3.5%	2.7%

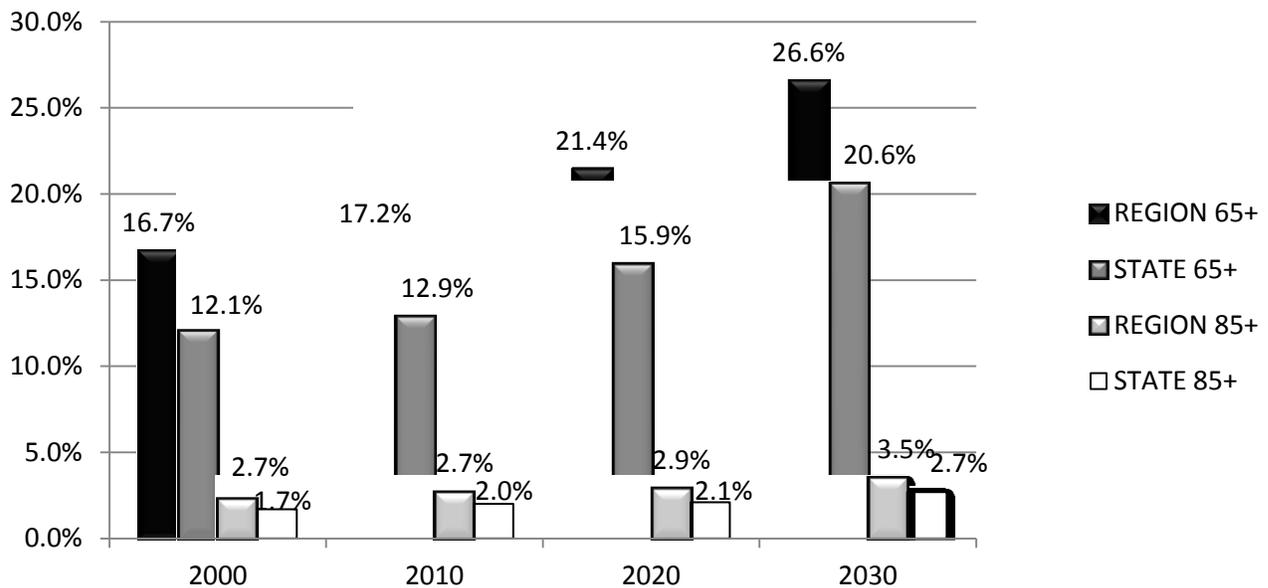


Table 2. Population Age 60+

Calendar Year	Total Region Population	Total State Population	Regional Population 60+	Total State Population 60+	Region Percent 60+	State Percent 60+
2000	322,073	4,919,479	68,350	772,278	21.2%	15.7%
2010	326,225	5,303,925	77,703	962,896	23.8%	18.2%

Table 3. 65+ Population by Race and Ethnicity (2000 vs. 2010 Census data)

Race categories are single race alone, except for the “two or more races” category. Individuals of Hispanic origin can be of any race.

	Total 65+ Regional Population	White (non-Hispanic)	Black or African American	American Indian and Alaska Native	Asian only	Two or More Races	Hispanic or Latino (of any race)
2004 Estimates	53,280	50,048	112	498	86	196	119
% of 65+ pop		93.9%	0.2%	0.9%	0.2%	0.4%	0.2%
2010 Census	56,203	54,942	105	594	123	283	171
% of 65+ pop		98%	0.19%	1.1%	0.2%	0.5%	0.3%

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Table 4. Elderly Dependency Ratio

Elderly Dependency Ratio = Number of people age 65+ per 100 persons of working age (15-64)

Calendar Year	Regional Elderly Dependency Ratio	State Elderly Dependency Ratio	Regional Population 65+
2000	26	18	53,637
2010	26	19	56,203
2020	41	25	72,940
2030	56	34	92,120

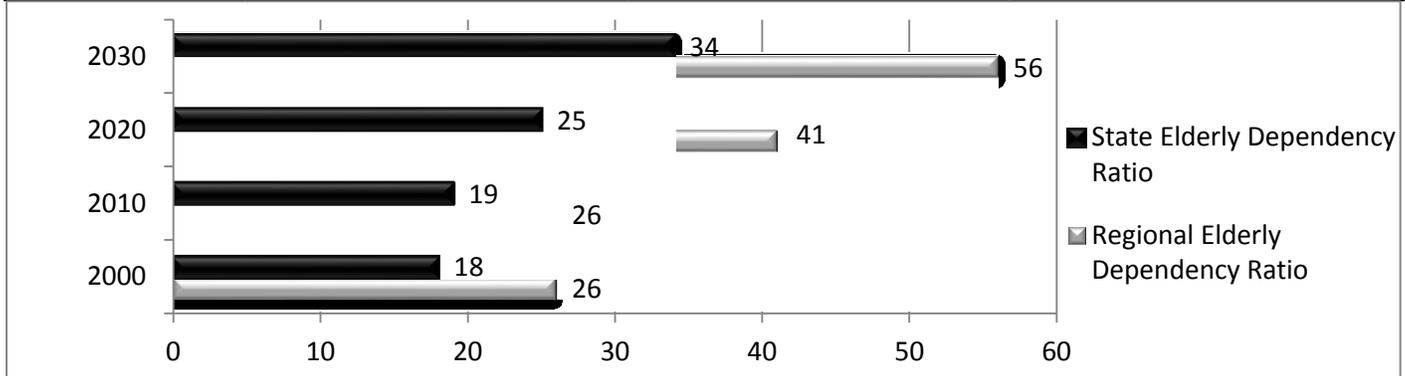
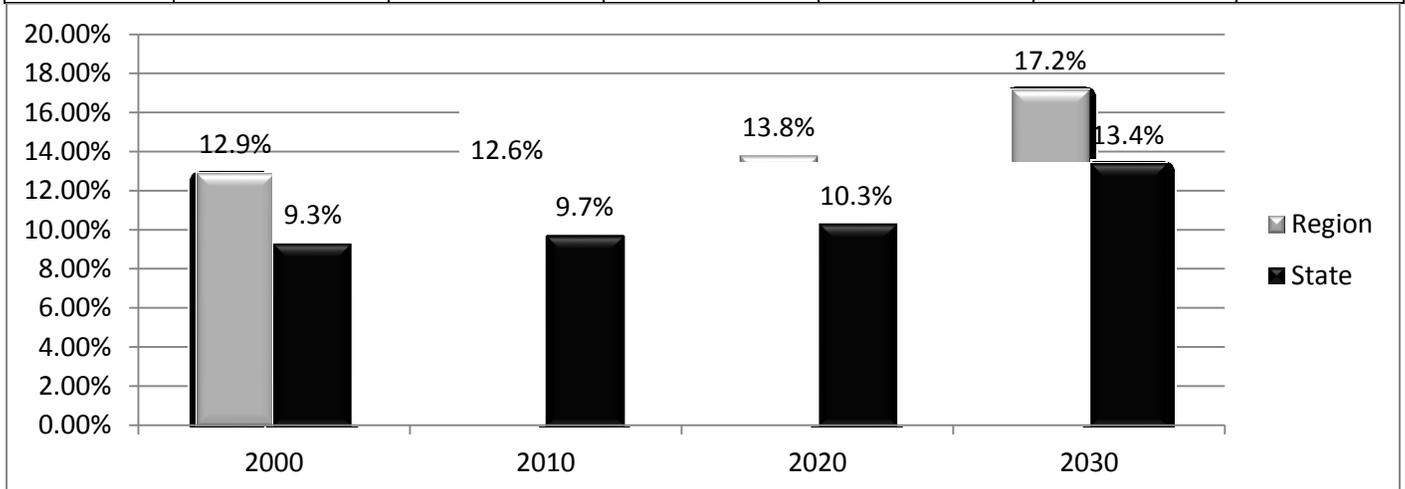


Table 5. Population 65+ Living Alone

Calendar Year	Region Total Households (all ages)	State Total Households (all ages)	Region 65+ Households Living Alone	State 65+ Households Living Alone	Regional Percent 65+ Living Alone	State Percent 65+ Living Alone
2000	132,152	1,895,127	17,002	177,056	12.9%	9.3%
2010	137,586	2,087,227	17,292	201,459	12.6%	9.7%
2020	146,680	2,374,360	20,260	244,420	13.8%	10.3%
2030	153,920	2,566,940	26,430	343,530	17.2%	13.4%



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Table 6. Family Caregiver Ratio

Family Caregiver Ratio = Number of people age 85+ per 100 females age 45-64 (who are the typical caregivers)

Calendar Year	Regional Population 85+	Regional Female Population 45-64	Regional Ratio	State Ratio	State Female Population 45-64	85+ State Population
2000	7,568	39,784	19	16	537,163	85,601
2010	8,715	48,337	18	15	720,930	106,664
2020	9,900	44,000	22	17	753,020	125,410
2030	12,280	40,640	29	23	718,860	168,890

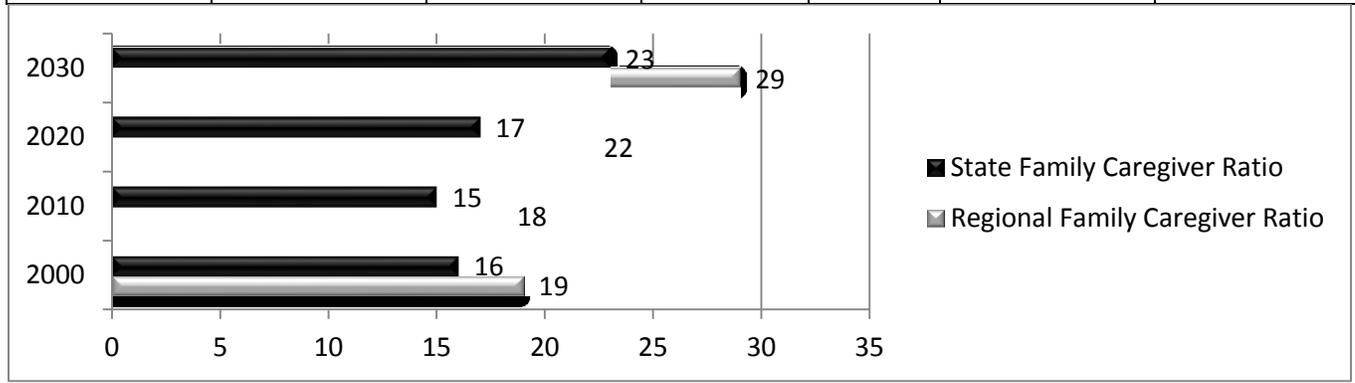


Table 7. Poverty Status for people 65 and older and all ages

COUNTY BY REGION	65 AND OLDER			ALL AGES		
	Total Number	Below Poverty Number	Percent	Total Number	Below Poverty Number	Percent
Statewide	626,511	51,987	8.3%	5,119,104	542,133	10.6%
Northeast MN Arrowhead AAA	52,929	3,947	7.5%	313,853	43,181	11.4%

Source: 2006-2010 American Community Survey. Tabulated by the Minnesota State Demographic Center.

DATA SOURCES

Unless otherwise noted, data for calendar years 2000 and 2010 taken from the U.S. Census Bureau: Demographic Characteristics 2010. (See <http://2010.census.gov/2010census/>.)

Projected numbers for 2020 and 2030 taken from estimates completed by the Minnesota Demographic Center: 2004, April 2007. (See <http://www.demography.state.mn.us/Census2010/>.)